



Coventry CHA Rambling Club Newsletter December 2024

Annual General Meeting 2024

There have been no changes to the committee as all the committee members stood for re-election unopposed. Angela has already posted the minutes of the AGM and there were no major issues raised.

Christmas walk with Thursday walkers on 5th December

37 walkers had a great 5 mile walk around the Shukstoke area. The reservoir was teeming with geese and other birds. We witnessed a murmuration of hundreds of birds. Halfway around the walk, we had great Christmas cheer with Angela's sausage rolls, mince pies and Dave's delight of chocolate, date & pecan cake. This was all swilled down with Mulled wine! At the restaurant, we stretched our brains with a quiz and following the meal, a raffle which raised £95 for Zoe's place.

Happy Christmas all !



Christmas Party 2024



This year our Christmas party will be held on Saturday 14th December from 12 noon to 4pm at the Eastern Green Social Club, Church Lane, Coventry CV5 7BX. There will be a buffet, and tickets are priced at £10 (non-refundable). Please note that tickets need to be purchased by 5th December so that a food order can be placed. Last year's party went down a storm with plenty of fun games and a musical quiz etc. Please contact Terry for tickets.

January holiday 2025

All monies have now been paid for our forthcoming January holiday to Cromer, Norfolk, and it's all systems go for 19th to 24th January for our break at the Hotel De Paris, Cromer. Details of this holiday will be sent after Christmas to all those who have decided to go.

Planning walks for walks 2025. Advance notice for your diaries

Next year during the spring and summer months we are planning Six walks using coaches. Currently the dates and destinations have been decided but specific details for each destination will be available nearer the time.

April 13 th	Litchfield area
May 18 th	Moreton – on the Marsh
June 15 th	Monmouth
July 17 th	Minster Lovell/Witney
August 17 th	Stamford area
Sept 21 st	Matlock

These dates are all the 3rd Sunday in the month except for April, which is 2nd Sunday in order not to clash with Easter Sunday.

Get the dates in your diaries now!

Supporting Blind citizens with walking

In February this year we received an e-mail from Chris Norman who works at the Coventry Resource Centre for the blind requesting volunteers to help with a walking group on a Tuesday or Wednesday morning. Michelle contacted Chris and a group of us were invited to look around the Resource Centre. We received a very warm welcome and were impressed with the facilities on offer there. The necessary paperwork was completed and five of us from the CHA walking group regularly turn up on a Wednesday morning. We take a group of partially sighted or blind people for a walk around the memorial park and stop for refreshments at the cafe. They are a very friendly group of people with different needs, who all enjoy their Wednesday morning walk and chat at the cafe. We enjoy helping and encouraging the blind people to get out and feel the benefit of a good walk in a safe environment and we have made many new friends. I feel sure that we do make a bit of a difference to their lives. Equally it has made us more aware of the challenges people with sight loss have to face every day. The group are always very grateful for our help and I know myself and the other volunteers look forward to our Wednesday mornings. However, the centre would be grateful for any more walkers willing to volunteer for these Tuesday or Wednesday morning walks. Any members interested in joining us volunteers, on either Tuesday or Wednesday, please contact Chris Norman, the Volunteer Coordinator at the

Coventry Resource Centre For The Blind. You can contact him at the Resource Centre on 02476 717 522 or e-mail him at chris@crcb.org.uk!

They would be particularly grateful if you could volunteer on Tuesdays. The group walks around the War Memorial Park every Tuesday between 11a.m. and 1 p.m. They have a growing number of blind and visually impaired walkers who struggle to exercise without the assistance of volunteers. The only skill required as a volunteer is to enjoy friendly chat. Everything else will fall into place. Thanks to Tina for this article

Coffee mornings

Many thanks to Sandra, Angela, Dieshy and Pauline who opened their homes and gardens for charity coffee mornings this year. Between them they raised a grand total of £2,577.00, which benefited the following charities: Guide dogs for the Blind, Mary's Meals, University Hospital Coventry and Warwickshire and Tools for Self-Reliance. Thanks also go to the resident band who provided a little background music.



Just a few pictures from
this year's coffee mornings

If there is anyone who would like to hold a charity coffee morning next year, could you please contact the co-ordinator Terry with details.

The Great North Run



2024 is a special year for Dave and Angela, two of our Wednesday sunset walkers, as they celebrate their Golden Wedding anniversary in December. They decided that one way they would celebrate was by fundraising for Global Care, a Coventry-based international Christian charity that they have supported for many years.

Together with their daughter, Anna, and friend, Sonia, they planned to raise £2,400 for Global Care's Children at Risk project which is helping vulnerable children, especially young girls, in several countries. To do this they planned to do the Great North Run in September and asked for sponsorship from family and friends to help raise the money.

So on 8th September they started out in the pouring rain in Newcastle along with 60,000 other runners to complete the 21 kilometres over the iconic Tyne Bridge and on into South Shields. It was a great experience in spite of getting thoroughly soaked by constant rain and no sun. Best of all was the support received in sponsorship which enabled them to raise over £4,000 which was almost double their target.

Angela and Dave would like to thank Coventry CHA for their support and donations.

