



**Coventry CHA Rambling Club
Personal Medical Form**

The Club recommends you complete this form and carry it with you in an accessible place on all Club rambles. It is also important that all information is kept updated.



Surname First Name

Date of Birth Address Post Code

Medical Details Current Medications.....

Allergies.....

Doctor's name Tel. Number

Doctor's (Surgery) address

Emergency contact name..... Tel. Number

Emergency contact name.....Tel. Number



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